



# Eucharist

You may someday need to take Eucharist to a sick family member or friend. **Every Catholic should learn to do this**. On the other side of this flyer is an example of what to say and do. The host is carried in a small container called a pyx. To order a pyx, contact the Outreach office. You may also carry the host respectfully in an envelope or a clean cloth.

The host may be obtained before or after Mass. There are special hosts for the sick. The Sacristan can help you. The host should never, under any circumstances, be kept overnight. It must be consumed the day you take it, and in certain cases, you yourself must consume it.

# Special Ministers

Some people become regular Eucharistic ministers to take Eucharist to the homebound in our parish and to Highline Medical Center. This is one of the most important and most needed ministries of the parish, because you are extending the Liturgy to those unable to attend Mass.

If you can imagine yourself doing this on a regular basis, once a week or once every other week, you may have a Spiritual Gift that you could share. The requirements are that you give permission for a criminal background check and attend a three-hour class. Training will be provided.

**Contact Frances Davis in the Outreach Office: 206-242-4575 ext 29**  
Email [francesd1938@yahoo.com](mailto:francesd1938@yahoo.com)

## Administration of Communion to the Sick or Homebound

### Greeting:

**“Hello, (first name). I have Eucharist with me. Would you like to receive Communion?”**

If the answer is yes, say, “After I serve you, I will leave quietly, then proceed similar to the following:

**The grace and peace of God our Father and the Lord Jesus Christ be with you.**

Response: **“And also with you”** (If the person does respond, move on.)

### PENITENTIAL RITE:

**“Let us turn with confidence to the Lord and ask His forgiveness for all our sins.**

**Lord Jesus, you healed the sick. Lord have mercy.**

Response: “Lord have mercy.” (If no response, move on.)

**Lord Jesus, you forgave sinners. Christ have mercy.**

Response: “Christ have mercy.” (If no response, move on.)

**Lord Jesus you give us yourself to heal us and bring us strength. Lord have Mercy.**

Response: “Lord have mercy.” (If no response, move on.)

**May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life. Amen**

### LITURGY OF THE WORD

John 6:51 (or reading of your choice)

**Jesus says:**

**“I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my Flesh for the life of the world.”**

### LITURGY OF HOLY COMMUNION

**Now let us pray as Christ the Lord has taught us. (Lords Prayer)**

### COMMUNION

Show the Eucharistic bread to those present saying:

**This is the Lamb of God who takes away the sins of the world. Blessed are those who are called to this supper.**

Response: “Lord I am not worthy to receive you, but only say the word and I shall be healed.” (If no response, move on.)

The minister holds up the host saying, **“The body of Christ.”**

The recipient receives communion.

### SILENT PRAYER

Then a period of silence may be observed.

### PRAYER AFTER COMMUNION

The minister says a concluding prayer.

**“Let us pray.”**

**All-powerful and ever-living God may the body and blood of Christ your son be for our brother/sister (use patient’s first name) a lasting remedy for body and soul. We ask this through Christ our Lord.**

### CONCLUDING RITE

#### BLESSING

**May the Lord bless us, protect us from all evil and bring us to everlasting life. AMEN**

**Leave quietly.**